

PART III ■ Kinesiology of the Head and Spine

UNIT 4 — MUSCULOSKELETAL FUNCTIONS WITHIN THE HEAD

- 20 Mechanics and Pathomechanics of the Muscles of the Face and Eyes 405
- 21 Mechanics and Pathomechanics of Vocalization 427
- 22 Mechanics and Pathomechanics of Swallowing 439
- 23 Structure and Function of the Articular Structures of the TMJ 455
- 24 Mechanics and Pathomechanics of the Muscles of the TMJ 471
- 25 Analysis of the Forces on the TMJ During Activity 485

UNIT 5 — SPINE UNIT

- 26 Structure and Function of the Bones and Joints of the Cervical Spine 495
- 27 Mechanics and Pathomechanics of the Cervical Musculature 515
- 28 Analysis of the Forces on the Cervical Spine During Activity 535
- 29 Structure and Function of the Bones and Joints of the Thoracic Spine 545
- 30 Mechanics and Pathomechanics of the Muscles of the Thoracic Spine 563
- 31 Loads Sustained by the Thoracic Spine 581
- 32 Structure and Function of the Bones and Joints of the Lumbar Spine 589
- 33 Mechanics and Pathomechanics of Muscles Acting on the Lumbar Spine 613
- 34 Analysis of the Forces on the Lumbar Spine During Activity 627
- 35 Structure and Function of the Bones and Joints of the Pelvis 651
- 36 Mechanics and Pathomechanics of Muscle Activity in the Pelvis 685
- 37 Analysis of the Forces on the Pelvis During Activity 709

PART IV ■ Kinesiology of the Lower Extremity

UNIT 6 — HIP UNIT

- 38 Structure and Function of the Bones and Noncontractile Elements of the Hip 723
- 39 Mechanics and Pathomechanics of Muscle Activity at the Hip 743
- 40 Analysis of the Forces on the Hip During Activity 767

UNIT 7 — KNEE UNIT

- 41 Structure and Function of the Bones and Noncontractile Elements of the Knee 781
- 42 Mechanics and Pathomechanics of Muscle Activity at the Knee 809
- 43 Analysis of the Forces on the Knee During Activity 835

UNIT 8 — ANKLE AND FOOT UNIT

- 44 Structure and Function of the Bones and Noncontractile Elements of the Ankle and Foot Complex 857
- 45 Mechanics and Pathomechanics of Muscle Activity at the Ankle and Foot 889
- 46 Analysis of the Forces on the Ankle and Foot During Activity 919

PART V Posture and Gait

47 Characteristics of Normal Posture and Common Postural Abnormalities 929

48 Characteristics of Normal Gait and Factors Influencing It 949

Index 983

Videos

All videos may be found at <http://thePoint.lww.com>. Please refer to the code on the inside front cover of this text for access information.

Chapter	Title
Part I	Using Basic Biomechanical Principles to Treat a Patient Following a Total Knee Replacement
Chapter 1	Base of Support Changing Moment Arm of Manual Resistance Try to Balance the Rocker Board
Chapter 2	Fatigue Fracture Stress—Strain Curve Types of Forces
Chapter 3	Anisotropy
Chapter 4	Factors That Affect Force Production Mechanical Advantage of Muscle Muscle Contraction Type Stretch-Shortening Cycle
Chapter 5	Effect of Loading Rate Simulation of Load Distribution Properties of Cartilage
Chapter 6	Viscoelastic Material Properties
Chapter 7	Axes and Planes of Motion Forces on the Knee During Stair Climbing Open-Chain and Closed-Chain Activities
Part II	Using Observations and Clinical Tests to Assess a Patient with Scapular Dyskinesia
Chapter 8	Changes in Scapular Motion with Too Much Load Motions of the Shoulder Complex Palpations of the Shoulder Complex Scapular Substitutions for Medial and Lateral Rotation Stability Testing at the Glenohumeral Joint
Chapter 9	EMG of the Deltoid Muscle Activity While Throwing a Ball Tight Pectoralis Minor
Chapter 10	External Moments of the Shoulder Free-Body Diagram of the Humerus During a Wheelchair Push-Up
Chapter 11	Compensation for Limited Pronation ROM Elbow Positions in Various Activities Palpations of the Elbow Pronation and Supination with Fixed Ulna Pronation and Supination with Moving Ulna
Chapter 12	Active Insufficiency of the Biceps Brachii Effect of Shoulder Position on Elbow Flexion Strength EMG Activity of the Elbow Flexors and Extensors
Chapter 13	Elbow Moments During a Push-Up Effect of Seat Height on Wheelchair Push-Up

- Chapter 14** Diagonal Patterns of Movement in the Wrist
Palpations of the Wrist and Hand
Wrist Extension Range During Functional Activities
- Chapter 15** Effect of Wrist Position on Strength
Electrical Stimulation of the Extensor Digitorum
EMG Activity of Wrist Extensors During Powerful Grasp
- Chapter 16** Forces on the Wrist
Turning a Key
- Chapter 17** Bowstringing
Dupuytren's Contracture
- Chapter 18** Froment's Sign
Thumb Motion While Using Scissors
Weakness of Intrinsic Muscles of the Hand
- Chapter 19** Forceful Pinch with Intrinsic Weakness
Variety of Normal Pinch and Grasp Strategies
- Part III** Using Spinal Biomechanics to Understand Scoliosis
- Chapter 20** Electrical Stimulation of Branches of the Facial Nerve
- Chapter 22** Effect of Forward Head on Swallowing
Effect of Mouth Position on Cervical Spine Extension ROM
Normal Swallow
- Chapter 23** Effect of Neck Posture on Mandibular Movement
Palpations of the TMJ
Temporomandibular Joint Motion
TMJ Click
- Chapter 24** Chewing
Facilitation of Symmetrical Mouth Opening
- Chapter 25** Bite
Loads on the TMJ During Chewing
- Chapter 26** Cervical Spine Flexion and Extension
Cervical Spine Rotation
Lateral Flexion and Rotation of the Cervical Spine
Palpations of the Cervical Spine
- Chapter 27** Differentiation of Cervical Flexors
Muscular Control of Cervical Side Bending
Palpation: Muscles of the Posterior Cervical Triangle
- Chapter 28** Loads on the Cervical Spine: Asymmetrical Head Postures
Loads on the Cervical Spine: Head Forward
- Chapter 29** Excessive Thoracic Spine Flexion
Idiopathic Scoliosis
Palpations of the Thoracic Spine
Patterns of Forced Inspiration
Thoracic Spine Motion
- Chapter 30** Cough
EMG of Thoracic Erector Spinae
Erector Muscles of Respiration
- Chapter 31** Mechanics of Thoracic Injury During a Cough
- Chapter 32** Bending of the Lumbar Spine
Lumbar Spine Motion in Function
Lumbar Spine Position in Sitting
Palpations of the Lumbar Spine

- Chapter 33** Electrical Silence of Lumbar Erector Spinae
EMG of Abdominal Muscles
- Chapter 34** Abdominal Wall EMG
Forces on the Lumbar Spine During a Side Plank
Shear Forces on the Lumbar Spine During Lifting
- Chapter 35** Motion of the Lumbar Spine and Pelvis During Bending
Palpations of the Pelvis
- Chapter 36** Pelvic Motion During Gluteus and Abdominal Muscle Contraction
- Chapter 37** Forces on the SI Joint During One Leg Standing Test
Sacroiliac Movement During Kicking
- Part IV** Using Observations and Clinical Tests to Assess a Patient with Hip Pain
- Chapter 38** Hip and Back Position While Performing a Split
Hip Anteversion
Hip Range of Motion While Tying Shoes
Palpations of the Hip
Relationship of Hip and Pelvic Motion
- Chapter 39** EMG of Hip Muscles During Exercise
Gluteus Medius Weakness
Hip Strength and Frontal Plane Knee Stability
Thomas Test
- Chapter 40** EMG of Gluteus Medius During Standing
EMG of Gluteus Medius During Standing While Holding a Weight
- Chapter 41** Knee Motion During Function
Palpations of the Knee
Passive Patellar Mobility
- Chapter 42** Gait with Weak Quadriceps
Ober's Test
Quadriceps and Hamstring EMG During Functional Activities
- Chapter 43** EMG Activity of the Quadriceps: Closed Chain
EMG Activity of the Quadriceps: Open Chain
Quadriceps EMG While Holding a Weight
- Chapter 44** Ankle and Foot Motion: Closed Chain
Ankle and Foot Motion During Jumping
Palpations of the Ankle and Foot
Substitutions with Ankle Dorsiflexion
- Chapter 45** Gait with Weak Dorsiflexors
Great Toe MTP Range of Motion
Posture with Tight Plantar Flexors
Up on Toes, Back on Heels
- Chapter 46** Plantar Flexor Muscle Activity During a Partial Squat
- Part V** Using Observations and Clinical Tests to Assess a Runner with Knee Pain
- Chapter 47** Abnormal Posture
EMG of the Ankle Muscles During Standing
Idiopathic Scoliosis
Normal Posture
Simulation of Leg Length Discrepancy
- Chapter 48** Normal Gait
Gait of an Individual with Muscle Weakness
Gait of an Individual Following a Lisfranc Amputation