

CONTENTS

<i>List of Figures</i>	<i>vi</i>
<i>List of Tables</i>	<i>viii</i>
<i>About the Contributors</i>	<i>ix</i>
<i>Preface</i>	<i>xi</i>
1 Neuro-Musculoskeletal Anatomy <i>Mark Richardson</i>	1
2 Musculoskeletal Assessment <i>Mark Richardson</i>	35
3 Sports Injuries <i>Sarah Budd</i>	57
4 Pitch-Side Care <i>Ebony Fewkes and Mark Adamoulas</i>	85
5 Injury Treatment Modalities <i>Konstantinos Papadopoulos</i>	112
6 Principles of Exercise and Rehabilitation <i>Alex Anzelmo</i>	137
7 Professional, Academic and Research Skills <i>Konstantinos Papadopoulos</i>	157
<i>Index</i>	<i>174</i>